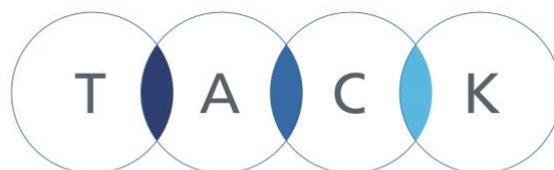


June 2019



TACKLING CHRONIC DEPRESSION

E: philip.mcnamee@nhs.net
T: 020 7540 6755 x. 2325

It has been a while since our last newsletter, but we thought the launch of the main TACK trial was a good reason to re-start them. After consultation with the Lived Experience Advisory Panel we have decided that the newsletters will be released quarterly, keeping everyone with TACK up to date.

Trial Launch

After receiving Research Ethics Committee (REC) & Health Research Authority (HRA) approvals on the 20th June we were able to seek local approvals from the three sites that are involved in the internal pilot of the trial.

These sites are:

- 2gether NHS Foundation Trust
- Oxford Health NHS Foundation Trust
- Sheffield Health & Social Care NHS Foundation Trust.

We have had very successful launch events in all of these sites, and by the end of the month should be actively recruiting in all three.

The TACK trial is now registered on the ISRCTN <https://www.isrctn.com/ISRCTN11301686>

APP UPDATES

DIALOG on iOS had a recent update (v1.8.1) to allow extracted data files to be more compatible with Windows and Mac systems.

DIALOG for Android is now up to v1.40.3. Please ensure to update regularly.



Study Set up

Internal Pilot

Recruitment to
main trial

Analysis

Dissemination

Research Assistant Training

As part of site set up we invited the 6 research assistants who will be working on the trial to London for a 2-day training seminar. Here, the team were able to learn all about the study design as well as how to successfully manage a trial.

It was also a good opportunity for everyone to meet so that best practice and successful recruitment strategies can be passed from site to site.



Twitter

We now have a study specific Twitter account. This is an essential part of our dissemination activities so that we can engage more widely with the public and increase our impact.

Follow us on @TACK_study