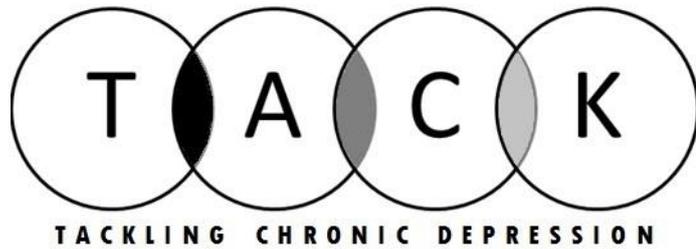


October 2017



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TACK activities in October took on an international flair as not only was DIALOG+ presented at a conference in Germany, but translation work was completed on DIALOG+ meaning that soon the intervention will be available in over 4 languages. Recruitment remains steady for work package 2 and we are looking ahead to next year when the feasibility trial will commence in the spring.

Recruitment Progress

Recruitment of both care co-ordinators and service users to the exploratory study continues in all 3 of our recruiting sites (East London NHS Foundation Trust, 2gether NHS Foundation Trust & Oxford Health NHS Foundation Trust).

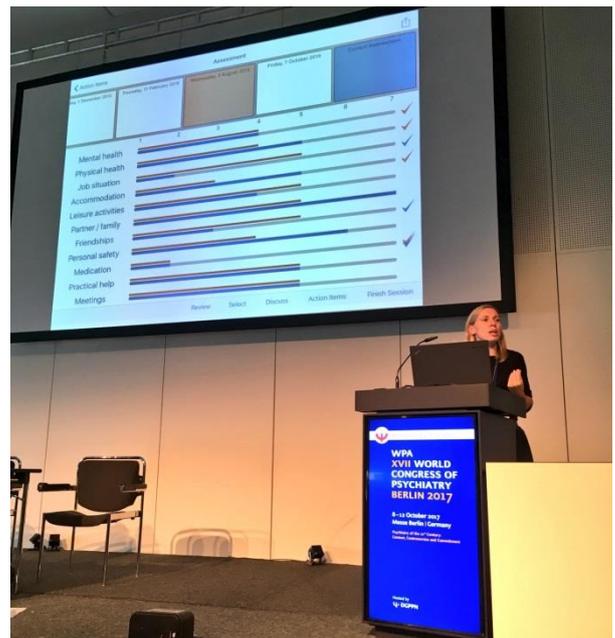
Phil and Megan visited Cheltenham on the 10th October in order to meet the local research team and train 3 care co-ordinators in DIALOG+. These care coordinators have now begun to identify and recruit service users from their caseloads to deliver DIALOG+ for a short period of time in order to gain feedback on its appropriateness and feasibility.

Five care co-ordinators from Oxford are also due to receive training in the last week of October so they too can begin trial testing of the app.

This “testing period” will last for 3 months before both clinicians and service users are interviewed about their experiences.

QUICK STATS

No. of clinicians recruited	14
No. of service users recruited	9



World Psychiatry Congress-BERLIN 2017

Vicky (the project Chief Investigator) attended the World Psychiatric Association (WPA) World Congress this month in Berlin, Germany. This is one of psychiatry’s biggest events, and Vicky chaired a discussion on resource-oriented approaches as well as presenting DIALOG+ to the international audience.

Translation

Work has been ongoing for the past few months on translating the DIALOG+ intervention for use in multiple languages (Spanish, German, Italian, Bosnian and Croatian).

Although TACK will focus on DIALOG+ for English speaking people with chronic depression, there are multiple research projects ongoing with the Unit of Social & Community Psychiatry that are planning to use DIALOG+ for different mental health conditions and in different contexts.

In particular, a research study is currently in set up in three different lower middle income countries (LMICs) namely Bosnia, Columbia and Uganda. By having DIALOG+ available in multiple languages we hope that its uptake and usage will be expanded across the globe and more service users can access the intervention.

DIALOG+ & Public Health Wales

As mentioned in the previous newsletter, Phil was invited to present DIALOG+ at a conference in Cardiff on 18th October. This was a gathering of clinicians, researchers, volunteers and service users about best practice and evidence-based interventions for first episode psychosis.

The response to DIALOG+ and resource-oriented approaches to mental health was very positive.



World Mental Health Day

As part of World Mental Health Day on the 10th October, the local Clinical Research Network (North Thames CRN) released a blog about the TACK project and the work it is doing to tackle chronic depression.

You can read it here: <https://www.nihr.ac.uk/news/tackling-depression-a-new-approach/7036>

IMPORTANT FUTURE DATES:

9th November- PMG 3rd Meeting
16th January 2018- Steering Committee (2nd Meeting)
31st March 2018 – Deadline for Work Package 2

UPDATE FOR iPADS

Version 2 of DIALOG+ for iOS was released in October. If you have DIALOG+ on your iPad make sure you download the update via the App Store.